

Press Release

For Immediate Release

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Diabetes Program Receives Large Grant from Kaiser

DMC Foundation's Diabetes Community Services program was recently awarded nearly \$50,000 from Kaiser Permanente. This generous grant is to be used in diabetes prevention education and assessment of adolescents at the Junior High school level. The primary objective will be to increase awareness of the connection between obesity and type 2 diabetes. Education is key to early intervention in the prevention of diabetes, Anne Stokman, R.N., certified diabetes educator will be collaborating with the Childhood Obesity/Diabetes Prevention Task Force and working with Stanislaus County Office of Education and Modesto City School administrators, as well as school nurses, who will be prescreening kids and distributing information on the prevention of Type 2 Diabetes. "Two out of three children born in California after the year 2000 will get diabetes in their lifetime." Stokman says, "Early intervention is crucial. We need to get kids moving, get kids to eating healthier and screened for diabetes."

Currently, the Foundation offers free screenings to the public at our McHenry location on Tuesday mornings and also in Patterson on Wednesdays.

November is National Diabetes Awareness Month; there are several events to increase awareness of diabetes:

Tuesday, October 19, "Preventing Obesity/Diabetes in Children" 2nd annual Symposium for health care providers This is an opportunity for healthcare providers to learn about methods of prevention as well as treatment of the disease.

"Get Moving and Eat Smart for Kids" for local 4th and 5th grade students at the State Theater on October 19th and 21st. Dr. R.J. Heck and KidsWorks puppets will be part of the presentation, reinforcing the importance of healthy eating and exercise. Kids will be bused in for presentations.

Friday November 19th from 8am to noon is the 17th Annual Diabetes Info Fair will be held at the Centre Plaza in Modesto. This is a free event for the community, free diabetes screenings, free foot exams, vendors for diabetes education, services and products, presentations and cooking demonstration will be offered.

Saturday November 20th from 8am to noon the 1st Annual Westside Diabetes Info Fair will be held in Patterson at the Hammon Senior Center; free diabetes screenings, presentations, and vendors will be available for diabetes services and products.

DMC Foundation's Diabetes Community Service program is recognized by the American Diabetes Association (ADA). For more information, please call our Diabetes Community Services Program at 527-3412 or log onto our website: www.dmcfoundation.org

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